



Post- Initial PEG (Percutaneous Endoscopic Gastrostomy) Insertion Care

Immediate Care

1. Monitor vitals (Temp, HR, BP), and wound (haemorrhage) every 30min for 2 hours.
2. Nil by mouth and PEG for 6 hours
3. Clear liquid diet and Water only (50ml flush every 6 hours) via PEG for 6 hours, then may commence normal feeds
4. Don't reposition PEG bumper or dressings until following morning

Ongoing Wound Care

1. Use N/Saline to clean during first 2 days.
2. After 2 days, cleaning with soap & water is sufficient. Dry thoroughly.
3. Rotate the external bumper and tube daily, to prevent pressure and adherence.

Ongoing Care

1. Ensure sitting up or head elevated during feeds to reduce risk of aspiration.
2. Flush PEG with ~30ml water before and after feeds and medications.
3. If continuous administration of feeds, the PEG should be flushed with water every 4 hours.
4. If PEG becomes blocked then aspirate and flush with warm water or soda water. Do NOT use coca-cola.
5. Do not attempt to clear the tube by inserting any mechanical object.
6. If the PEG is removed accidentally then REPLACE IMMEDIATELY using a Foley catheter and contact Dr Walker. This will keep the PEG tract patent until I can replace the PEG.
7. Contact Dr Walker if the PEG site is looking inflamed.
8. Contact Dr Walker if there are any other concerns.

Dr Griff Walker

If you have any concerns or questions, please contact Dr Walker's office on 5574 6133.